



传统空手道

MIDWEST KARATE SASKATOON

Is hosting a training seminar with

June 18, 19, 20, 2010

Sensei Avi Rokah

Training Schedule:

Friday June 18th

5:30-6:30 pm Youth All Belt Levels

6:30-8:30 pm Adult All Belt Levels

Saturday June 19th

9:00-10:00 am Youth All Belt Levels

10:00-12:00 noon Adult All Belt Levels

2:00-3:30 pm Adult All Belt Levels

3:30-4:30 pm Adult Advanced

Sunday June 20th

9:30 - 12:00 noon Adult All Belt Levels

ALL EXAMINATIONS

SUNDAY 1:30 PM

ADULTS AND YOUTH

Adult Seminar Costs:

Full Seminar - \$95.00 (Early paid registration before June 9th receives \$10.00 discount)

Daily Fee - \$50.00

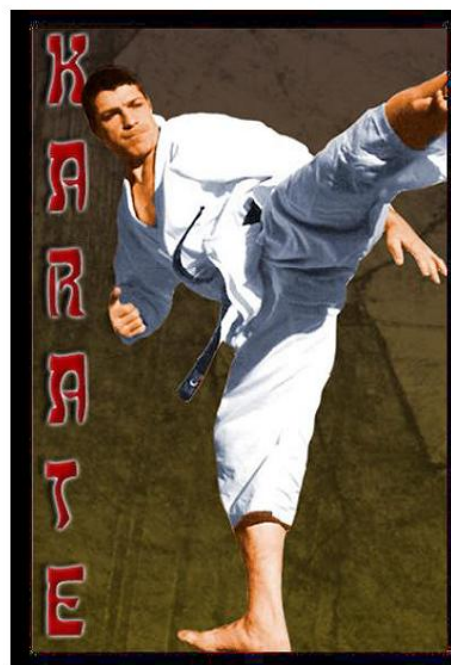
Youth Seminar Costs:

Seminar Fee - \$30.00 (Early paid registration before June 9th receives \$5.00 discount)

Examination Fees:

\$25.00 - \$50.00 (Depends on Rank)

SEMINAR MANDATORY FOR EXAMINATION



- ◆ **World Cup Competitor**
- ◆ **Multiple Time USA National Kumite Champion**
- ◆ **Avi has a very deep understanding of Nishiyama Sensei's teachings. His timing skills and knowledge of the human body make him one of the best technical fighters in the ITKF.**

SEE YOU THERE!

Seminar Location:

To Register For Seminar Call

MIDWEST KARATE SASKATOON
302 B WALL STREET
SASKATOON, SASKATCHEWAN

(306) 382-7434 Mark or Val